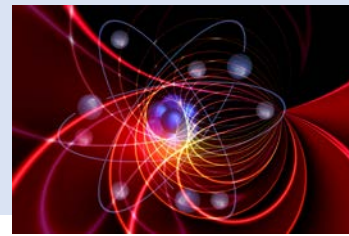




MOUNTAIN LIGHT HEALING

Energy Medicine/Bioenergetics for
Whole Health and Empowered Living

Phone/Text: 719-648-5234
MountainLightHealing.com



ENERGY4LIFE (E4L) Bioenergetic Wellness System Healing with Energy and Information

E4L technology revolves around the workings of the body-field (the master control system for the body's physiological functions) and the concept of resonance. It is aimed at catalyzing the body's innate self-healing abilities by correcting blockages and distortions in the body-field.

The E4L Bioenergetic Wellness System can be used to address energetic imbalances related to existing health challenges (especially those of a chronic nature) and also as part of a proactive, long-term wellness program. It has three components performing specific synergistic functions to support the body's priorities for healing in a holistic way:



Scanning can be accomplished on-site or remotely over the internet (using a scanning device).

The E4L Client Portal allows you to review your scan results, with your practitioner serving as your personal energy detective. It also provides access to a wide range of resources.

The **miHealth** Pulsed Electro-Magnetic Field (PEMF) and biofeedback device helps to bring the body's oscillations back into balance.

Infoceuticals® (liquid energetic remedies) help to restore the body's inherent self-healing abilities at the cellular level. A special range of *Feel Good* Infoceuticals® can be used to build your bioenergetic home remedy kit for supporting specific wellness goals, without the need for a scan.



Practitioner: Verena Vomastic, PhD, owner of the Mountain Light Healing Studio in Colorado Springs, CO, specializes in integrative approaches to optimizing mind-body health and well-being. She is passionate about inspiring and empowering individuals from all walks of life, promoting growth and transformation, and sharing the science, the gifts, and the magic of Energy Medicine. In her practice, she employs a unique blend of practical tools, proven techniques, and leading-edge technologies aimed at boosting vitality, resilience, performance, and overall quality of life. Verena has a scientific (mathematics/physics) and cosmopolitan background. She is a certified Energy Medicine/Bioenergetics and Whole Health Medicine Institute Practitioner, Eden Energy Medicine and Holistic Stress Management Instructor, Hippocrates Lifestyle™ Medicine Coach, and Registered Yoga Teacher.