



MOUNTAIN LIGHT HEALING STUDIO

Energy Medicine/Bioenergetics for
Whole Health and Empowered Living

MountainLightHealing.com



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Registered Yoga Teacher

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PERSONAL-EMPOWERMENT STRATEGIES

BIOENERGETIC BALANCE & COHERENCE

ENERGETIC TRAUMA HEALING

HOLISTIC STRESS MANAGEMENT

Energy4Life (E4L) Bioenergetic Wellness System

Eden Energy Medicine/Eden Method ■ Emotion Code®

PhotonWave® Light Stimulator ■ Quantum-Field Optimization

X-Test™ Universal Prayer System ■ Shamanism ■ Sound Journeys

Gentle Energy Medicine (GEM) Yoga ■ Whole-Health Healing Circle

EM Protocols & Resources for Integrative Neuro-Training Solutions (EMPRINTS)



Take charge of your health
and well-being!

Schedule your on-site or
virtual consultation now!

